

Laboratory Test Results

Instructions: Enter the values for your most recent test result.

Test #1: Complete Blood Count

Date of Test: _____

Test Parameter	Value
Basophils Abs - {10 ⁹ /L}	
Basophils Auto - {Percent}	
Eosinophils Abs - {10 ⁹ /L}	
Eosinophils Auto - {Percent}	
Hematocrit - {Percent}	
Hemoglobin - {g/dL}	
Lymphocytes Abs - {10 ⁹ /L}	
Lymphocytes Auto - {Percent}	
MCH - {pg}	
MCHC - {g/dL}	

Test Parameter	Value
MCV - {fL}	
Monocytes Abs - {10 ⁹ /L}	
Monocytes Auto - {Percent}	
MPV - {fL}	
Neutrophils Abs - {10 ⁹ /L}	
Neutrophils Auto - {Percent}	
PLT - {10 ⁹ /L}	
RBC - {10 ¹² /L}	
RDW - {Percent}	
WBC - {10 ⁹ /L}	

Test #2: Blood Chemistry and Other*

Date of Test: _____

Test Parameter	Value
ALB - Albumin {g/dL}	
ALP - Alkaline Phosphatase {U/L}	
ALT - Alanine Aminotransferase {U/L}	
Anion Gap	
AST - Aspartate Aminotransferase {U/L}	
Base Excess H+ {mEq}	
Bilirubin {mg/dL}	
Blank {mg/dL}	
Blood Urea Nitrogen {mg/dL}	
Calcium {mg/dL}	
Chloride {mmol/dL}	
CO2 {mmol/dL}	
Creatinine {mg/dL}	

Test Parameter	Value
GFR - Glomerular Filtration Rate {mL/min}	
GGT - gGlutamyl Transferase {U/L}	
Glucose {mg/dL}	
Lactate {mmol/L}	
LDH - Lactate Dehydrogenase {U/L}	
Magnesium {mg/dL}	
pH {arterial}	
Phosphorus {mg/dL}	
Potassium Blood Venous {mmol/L}	
PT/INR - Prothrombin Time {ratio}	
Sodium {mmol/L}	
*PSA - Prostate Specific Antigen {ng/mL}	

Original Medical Records

Instructions: Get copies of the original versions of the following reports. Obtain as many of these (cancer-related) reports as you can.

Progress Notes

These notes are written by your doctors and nurses. They contain information about your clinical status, treatment plans and response to treatment.

Diagnostic Imaging Reports

These reports describe the results from diagnostic imaging procedures that have been performed. Examples of diagnostic imaging include MRI, X-RAY, CT, MUGA and PET scans.

Surgery Reports

Each time a surgical procedure is performed, the surgeon will prepare a report describing the surgery and outcome.

Pathology Reports

After a biopsy or tumor resection, samples of your tumor will be sent to the pathologist for examination. The pathologist will prepare a report that describes their findings.

Treatment Reports

Your oncologist may order many different kinds of treatment, including chemotherapy, radiation, targeted therapy, hormone therapy, immunotherapy, etc. The treatment reports include detailed notes about the medications, dosage, objectives and patient's response.

Laboratory Test Results

Lab tests are an integral part of cancer treatment. Common lab tests include blood work (eg. Complete Blood Counts, Metabolic Panels) and urine analysis. You should try to obtain copies of all lab test results for the prior year.

Other Reports

The above list includes many of the most important reports, but it is not all-inclusive. Your goal should be to get as many of the reports in your medical file as possible.